



JANUARY SCHEDULE

Table with 7 columns (Sunday-Saturday) and 6 rows of class schedules. Includes details like 'MONTHLY SERIES', 'PILATES CHAIR / 1:1 TRAINING', and specific class times and names such as 'beFIT: Sculpt x HIIT', 'beSTRENGTH', 'pilatesEFFECT', etc.

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Schedule subject to change